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子計畫五：疾病動物模式奈米微粒毒性探討(II)(1/2)

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行政院國家科學委員會專題研究計畫成果報告

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主持人：鄭尊仁 國立臺灣大學職業醫學與工業衛生研究所

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一、中文摘要

近年來，許多流行病學研究指出，空氣污染中氣懸微粒的增加，與呼吸系統疾病和心血管疾病死亡率增加有關，這些死亡大都發生於已經有心肺疾病的個人，然而確實致病機轉仍不清楚。流行病學研究亦指出，長期暴露於懸浮微粒會增加肺癌死亡的風險。相關研究指出，奈米微粒(ultrafine particle, $<0.1\mu\text{m}$)可能是呼吸與心血管疾病死亡率及致病率增加的重要原因之一。根據微粒成分與毒性研究顯示，相同重量下，同材質的奈米微粒毒性較粗微粒高，可能與奈米微粒的數目及總表面積皆較粗微粒高出許多，引起氧化壓力相對較大有關；此外，奈米微粒在肺泡具有高沈積率，亦具有穿透肺泡間質，經血液循環通透至身體其他器官之特性，因此奈米微粒的暴露在健康風險上扮演極重要之角色。近年，已有一些研究針對奈米微粒與細胞毒性的關係進行探討，主要著重在奈米微粒造成的發炎反應，但是對於奈米微粒引起的呼吸道變化及心血管系統效應之間的關係並不清楚。本研究目的為：(1)、探討肺部上皮內襯液體對於奈米微粒引起細胞氧化傷害的影響，評估奈米微粒與細胞反應後產生之 ROS 及評估細胞 DNA 單股斷裂情形。(2)、以糖尿病大鼠模式進行奈米微粒毒性試驗，以氣管灌注方式進行 125 及 500 $\mu\text{g/ml}$ 奈米碳黑暴露，觀察其肺部發炎及周邊血液發炎反應、內皮細胞功能標記之變化。研究結果顯示，在非細胞系統中，奈米碳黑產生的 ROS 有隨暴露濃度及暴露時間增加呈現上升的趨勢。碳黑微粒在添加 ELF 的環境下能顯著降低 ROS 產生，同時，ELF 亦能減少 DNA 單股斷裂的情形。在糖尿病大鼠模式中，我們發現暴露於奈米碳黑導致顯著的肺部

發炎及傷害反應，奈米碳黑在糖尿病大鼠造成顯著的周邊發炎反應增加，血管內皮素升高及血液一氧化氮降低，奈米微粒暴露可能與糖尿病有共同的病理生理作用途徑，造成心血管疾病增加的風險。

關鍵詞：奈米微粒、糖尿病大鼠、肺部上皮內襯液體、反應性氧化物種、心肺疾病

Abstract

Epidemiologic studies have shown consistent associations between the exposure to particulate air pollution and acute increase in morbidity and mortality, especially for susceptible subjects with pre-existing respiratory and cardiovascular disease. Furthermore, it has been reported that long-term exposure to combustion-related fine particles may be associated with lung cancer mortality. However, the exact mechanism remains unclear. It is believed that ultrafine particles may have a greater inflammatory effect than larger particles at the same mass concentration because of larger surface area and oxidative stress. In addition, ultrafine particles deposited in alveolar region may translocate into other organs. Thus, ambient ultrafine particles play critical role in health risk assessment. However, the role of ultrafine particles on cardiopulmonary events is not clear.

The goal of this study was: (1) to investigate the effect of epithelium lining fluids (ELF) on ultrafine particle-induced ROS generation. Ultrafine carbon black induced-ROS generation and DNA single strand breaks

were evaluated. (2) to evaluate the effect of ultrafine carbon black on lung inflammation, systemic inflammation and endothelial dysfunction in STZ-diabetic rats. Our results revealed that in cell free system, the amounts of ROS increased with exposure concentration and exposure time. ELF significantly decreased ROS 90% as compared to culture medium after ufCB exposure. Furthermore, ELF also decreased DNA single-strand breakage after ufCB exposure. In diseased animal study, we found ufCB caused significant increase in pulmonary inflammation. We also observed significant alteration in systemic inflammation and endothelial dysfunction in diabetic rats exposed to ufCB. We suggest that ufCB and diabetes may share the common pathway which may be related to cardiovascular events.

Keywords: ultrafine particles, diabetic rats, epithelium lining fluid, reactive oxygen species, cardiopulmonary disease

二、緣由與目的

Epidemiologic studies have shown consistent associations between the exposure to particulate air pollution and acute increase in morbidity and mortality, especially for susceptible subjects with pre-existing respiratory and cardiovascular disease (Pope and Dockery 1999; Samet et al., 2000; Pope et al., 2002). These epidemiologic studies also document that particles with a diameter below $2.5\mu\text{m}$ ($\text{PM}_{2.5}$) have greater adverse health outcomes as compared to particles with a diameter below $10\mu\text{m}$ (PM_{10}). Recent studies further indicate that the ultrafine particles ($< 100\text{ nm}$) may have an increased toxicity relative to larger particles under the same mass concentration (Ferin et al., 1992; Oberdorster et al., 1995; 2001). Many mechanisms of ultrafine particle-induced toxicity have been proposed, including greater number concentration, larger surface area and transition metals on particles (Oberdorster, 2001).

Since ultrafine particles have greater surface area compared to fine or coarse particles of same mass, greater reactive oxygen species (ROS) may be generated by the ultrafine particles. Ultrafine particles have been shown to generate ROS and cause oxidative stress (Stone et al., 1998). Several studies have demonstrated that ultrafine particles induce production of ROS both in vitro and in vivo (Stone et al., 1998; Wilson et al., 2002). Furthermore, various ultrafine particles have been demonstrated to generate more free radicals and ROS than fine particles (Stone et al., 1998; Wilson et al., 2000). Then, ROS may elicit transcription of proinflammatory cytokines and result in a cascade of inflammation events (Stone et al., 1998).

In order to investigate the effect of ultrafine particles on health effects, an in

vitro study and an in vivo study were conducted in this report.

First, we investigated if airway lining fluid affects the ROS generated by ultrafine particles and subsequent DNA damage. Pulmonary epithelial lining fluid (ELF) consists of various antioxidants, which can protect lung cells against the oxidative damage of PM. However the exact mechanism remains unclear. The aim of this study was to determine the effect of ELF on PM-induced oxidative damage. Studies have found that susceptible subjects tend to have lower antioxidant in the peripheral blood and airway lining fluid. Animal studies also demonstrated that those deficient in antioxidants are more susceptible to PM exposure (Norwood et al., 2001). Those with deficiency in antioxidants are more likely to be affected by PM. Airway lining fluid contains antioxidants including Vitamin C and E and glutathione as well as enzymes including superoxide dismutase, glutathione peroxidase and catalase. Previous studies have shown that antioxidants in lining fluid decreased after PM exposure. Although the antioxidation effects have been demonstrated in cell free system, it is not clear if these changes also result in the reduction in the subsequent DNA damage. In this study, we investigated if airway lining fluid affects the ROS generated by ultrafine particles and subsequent DNA damage.

Second, we used diabetic rats to investigate the cardiovascular effect of ultrafine particles. The association between ambient particulate matter (PM) and cardiovascular diseases has been demonstrated in epidemiological studies (Pope and Dockery, 1999; Samet et al., 2000; Pope et al., 2002). Subjects with existing cardiovascular diseases including ischemic heart disease and congestive heart failure are

found to be more susceptible to ambient PM exposure (Pope et al., 2002). Recently, some researchers have also suggested that diabetic patients are another sub-population at risk for PM-associated cardiovascular events (Goldberg et al., 2001; Zanobetti et al., 2001, 2002). Diabetes has been reported as an effect modifier of air pollution related hospital admissions for heart disease in elder person (Zanobetti et al., 2001), doubling the risk of a PM₁₀-associated cardiovascular admission compared with non-diabetics (Zanobetti et al., 2002). Diabetes mellitus is a common disease, and has been associated with cardiovascular morbidity and mortality (Resnick et al., 2001). PM is also reported to affect cardiovascular diseases (Pope et al., 2004). However, the mechanisms through which ultrafine particle enhances the risks of cardiovascular disease in diabetics remain unclear. We hypothesize that diabetes and ultrafine particles may share common pathway and act synergistically in the development of cardiovascular diseases.

Hyperglycemia of diabetics has been associated with increased reactive oxygen species (ROS) formation (Maritim et al., 2003). Diabetic patients usually have significantly elevated concentrations of 8-OHdG in their serum (Nishikawa et al., 2003) and decreased levels of glutathione (GSH) (Dincer et al., 2002). It is proposed that increased ROS may induce inflammation in endothelium, alter endothelium function, and increase coagulability (Beckman et al., 2002). Inflammation activity also increased in individuals with diabetes, as shown by increased levels of C-reactive protein (CRP) (Jager et al., 1999; Schalkwijk et al., 1999), interleukin-6 (IL-6) (Schram et al., 2003), and tumor necrosis factor (TNF- α) (Lechleitner et al., 2000). Hyperglycemia also inhibits the production of nitric oxide (NO) by blocking

eNOS synthase activation and increasing the production of ROS in endothelial and vascular smooth muscle cells (De Vriese et al., 2000). In addition to reducing concentration of NO, diabetes increases the production of vasoconstrictors, most importantly, endothelin-1 (ET-1). Reports on endothelial dysfunction in patients with diabetes have been widely studied, including increased ET-1 and decreased NO (Haak et al., 1992; Williams et al., 1996).

The exact mechanisms through which ambient PM causes cardiovascular diseases remain unclear. PM exposure is associated with increased generation of ROS (Tao et al., 2003). It is proposed that PM may increase the oxidative stress related to cardiovascular disease in peripheral blood (Sorensen et al., 2003). PM exposure is also associated with elevated levels of C-reactive protein (Peters et al., 2001; Pope et al., 2003), enhanced production of proinflammatory cytokines (Ghio and Devlin 2001; Seaton et al., 1999; Schwartz 2001; Peters et al., 2001) and increased blood viscosity (Seaton et al., 1995; Peters et al., 1997) in epidemiological studies. In animal studies, the association between PM exposure and increased ET-1 has also been reported (Bouthillier et al., 1998; Vincent et al., 2001). It appears that PM and diabetes share common pathway in the development of cardiovascular diseases. Thus, we hypothesize exposure to PM may potentiate the cardiovascular diseases of diabetes through the enhanced production of oxidative stress and endothelial dysfunction.

In order to test the effects of ambient particles on diabetics, we exposed streptozotocin (STZ)-induced diabetic rats to PM. Streptozotocin is a metabolite of the soil organism *Streptomyces achromogenes* and was first reported to be diabetogenic in studies of dogs and rats in 1963 (Bell et al.,

1983). Diabetes is caused by a direct toxic effect of streptozotocin on the pancreatic beta cell. After the administration of streptozotocin, there is a characteristic increase in blood glucose, which is maintained at the level of 400mg/dL or greater. This diabetic animal model has been used in many studies of diabetes pathophysiology for years (Vural et al., 2002; Ryu et al., 2003; Zang et al., 2003)

三、材料與方法

In vitro study

Chemical reagents

Albumin (BSA), lysozyme (chicken egg white), apotransferrin (human), glutathione (GSH), uric acid (UA), α -tocopherol (AT), ascorbic acid (AA), catalase (CAT, bovine liver), superoxide dismutase (SOD, in bovine erythrocytes), glutathione peroxidase (GPx, bovine erythrocytes), Phosphatidylcholine (egg), 2,7-dichlorofluorescein diacetate (DCFH-DA) were obtained from Sigma Chemical (St. Louis, MO). All chemicals were reagent grade or of higher purity.

A549 cell culture

The human A549 cell line was from American Type Culture Collection and cultured in a humidified 37°C environment in F12-K medium supplemented with 10% fetal calf serum and 1% penicillin and streptomycin. This cell line, derived from a patient with alveolar cell carcinoma of the lung, has been used as a model of human alveolar type II cells. A549 cells were cultured in six well transwell.

Particles preparation

The particles used in this study was ultrafine carbon black particles (14 nm, Degussa, Printex 90), suspended in culture medium in 50 and 150 μ g/ml

Preparation of ELF

ELF was formulated based on method of

Guobin (2001) and Andre (1990). The components in ELF were listed in Table 1. Apotransferrin was used as a surrogate for lactoferrin because it has similar iron-binding qualities yet is more readily available. The following is the procedure for preparation of 100 ml of complete ELF. 1.0 ml of AT in chloroform (0.1 mg/ml) was added to a 100ml glass tube that contained 40ml distilled water. The mixture was evaporated under nitrogen at room temperature. Next, 50 ml of medium were added, and the mixture was ultrasonicated in a water-ice bath., a solution of proteins (740 mg of albumin, 240 mg of lysozyme, and 20 mg of apotransferrin in 30 ml of medium) was added to this solution slowly. Finally, UA (0.5 mg/ml, 5.0 ml), AA (5 mg/ml, 1.0 ml), CAT(4 U/ml), SOD (40U/ml), GPx (0.05U/ml) and GSH (5 mg/ml, 1.0 ml) were added, and RPMI1640 was added to a final volume of 100 ml. The ELF was adjusted to pH 7.4 using NaOH (0.2 M) and H₃PO₄ (0.2 M).The ELFs were stored at -80°C.

Determination of ROS generation

Generation of ROS in the exposed solution of cell and free system was determined using the probe DCFH-DA (2,7-dichlorofluorescein diacetate). The diacetate form of the probe is both lipid soluble and nonfluorescent. Incubation of DCFH-DA with serum containing medium results in cleavage of the diacetate group by esterase enzymes to yield a relatively lipid insoluble, nonfluorescent probe (DCFH). Subsequent oxidation of DCFH by ROS yields the highly fluorescent compound 2,7-dichlorofluorescein (DCF), which can be quantified by microplate reader with excitation wavelength at 485nm (bandwidth 20nm) and an emission wavelength at 530 nm (bandwidth 25nm) DCFH-DA (final concentration 20M) was incubated for 15 min

at 37°C in cell culture medium (10% FBS) in order to cleave the DCFH-DA precursor to DCFH. Suspensions of particles were prepared in RPMI1640 medium, mixed by vortexing, and then sonicated for 10 min. After exposure of the DCFH to the particles for 30 min (37 °C), DCF fluorescence intensity was determined by Cytofluor 2300 microplate reader (Millipore, Bedford, MA, USA).

Determination of DNA single strand breaks by comet assay

Quantities of 20 µl of A549 suspensions (10^5 cells/ml) were mixed with 1 ml 1.5% low melting agarose and gelled to frost slides pretreated with 0.1 % normal melting agarose on ice. After gelling, the slides were immersed in lysis buffer then washed with PBS. They were then placed in alkaline buffer for electrophoresis at 21 V and 190 mA for 20 min. Slides were rinsed and stained in sybr green. Individual cells were examined under microscope with photomicrographic system. All slides were coded and read blindly. The images were then recorded for further image analysis.

A proprietary image processing software, which has been used in previous studies (Ma et al., 1996) was applied to calculate the distribution of DNA on the agarose. Images of 100 randomly selected cells from each set of experiment were analyzed under a fluorescence microscope adapted with an excitation of 515-560 nm and a barrier filter of 590 nm. Parameters used in the analysis were tail length (%), tail intensity (%) and tail moment. Tail length (%) was defined as the proportion of tail length in whole comet length, tail intensity (%) was defined as the proportion of tail intensity in total comet intensity, and tail moment was defined as the product of tail length and tail intensity. We used % of the tail length and intensity

because of their ease in measurement (Ma et al., 1996).

In vivo studies

Particles preparation

The particles used in this study was ultrafine carbon black particles (14 nm, Degussa, Printex 90), suspended in culture medium in 125 and 500 µg/ml

Diabetic animals and intratracheal instillation of ufCB

Male Sprague-Dawley rats, weighing 200~250 g, were obtained from the National Laboratory Animal Breeding and Research Center, Taiwan. They were housed in plastic cages on Aspen chip bedding, and provided with Lab Diet 5001, water ad lib, except during the exposure. Animals were maintained on a 12-hour light/dark cycle at $22 \pm 1^\circ\text{C}$ and $55 \pm 10\%$ relative humidity. A single intraperitoneal (IP) injection of streptozotocin (STZ, Sigma Chemical Co., 60mg/kg body weight, dissolved in citric acid buffer, pH 4.5) was administered to eight animals to induce diabetes (Bell et al., 1983). Rats were randomly divided into ultrafine carbon black exposure groups (125 and 500 µg/ml) and control group (PBS). All protocols used in this experiment were approved by National Taiwan University's animal care and use committee.

Bronchoalveolar lavage analysis.

Rats were sacrificed 24h after intratracheal instillation. BAL fluid was collected by washing the airway with a phosphate-buffered saline solution (PBS, pH = 7.4, 28 ml/kg body weight) five times. Lavage fluid was used to determine the total number of cells and cell differential counts. Macrophage, lymphocyte, neutrophils, eosinophils and basophiles were counted under light microscopy (200 cells/slide). The remaining lavage fluid was used for the

analysis of total protein and LDH activity. LDH activity was determined by autoanalyzer at National Taiwan University Hospital. Total protein was determined using total protein assay kit (BioRad Co.)

Determination of blood glucose, oxidative stress, inflammation and endothelial dysfunction.

A total of 15 ml whole blood was recovered from aorta. Immediately, 1 ml of whole blood was collected in citrate tube for blood glucose analysis using autoanalyzer (Glucometer 3, blood glucose meter; Miles Inc.) at National Taiwan University Hospital. 10ml whole blood was collected in ethylenediamine tetraacetic acid (EDTA) tubes. After centrifuged at 1200 rpm for 10 minutes, plasma aliquots were stored at -80 until analysis. The remaining 4 ml whole blood was collected in glass tube. Circulating inflammation markers were represented by cytokine IL-6 and TNF- α . Plasma levels of IL-6 and TNF- α were measured using ELISA kits (R&D Systems, U.S.A). Plasma ET-1 and NO were used to represent endothelial function. ET-1 was measured by ELISA (R&D Systems) with human ET-1 as standard (Bouthillier et al., 1998). Nitric oxide synthase assay kit with the Griess reagent (CALBIOCHEM Inc., U.S.A.) was used to determine plasma NO. The plasma concentration of NO was calculated as the sum of nitrite (NO₂⁻) and nitrate (NO₃⁻) concentrations.

Statistical analysis.

SAS software package, version 8, was used for statistical analysis.

四、結果與討論

In vitro studies

Ultrafine carbon black (UfCB) induced a significant increase in DCF fluorescence at 50 and 150 μ g/ml as compared to control

(Figure 1, $p < 0.05$). Furthermore, the fluorescence intensity increased with the UfCB concentration. A549 cells exposed to 50 μ g/ml or 150 μ g/ml, and then incubated with DCFH for 30 min, exhibited a significant greater fluorescence than control (Figure 1, $p < 0.05$). A dose-response relationship was observed. In cell-free system, ELF addition result in significant decrease in UfCB. After 4 hr treatment, ELF could reduce 90 % fluorescence induced by UfCB (Figure 1). Increasing oxidative DNA damage were observed with increased UfCB concentration, although it did not reach statistical significance (figure 2). Our results suggest that ELF can decrease total ROS induced by ultrafine carbon black, therefore ELF can protect A549 cells from oxidative damage. The components responsible for this antioxidative ability needs further study.

In vivo studies

Characteristics of study animals were described in Table 2. Body weight of diabetic rats was lower than that of non-diabetic rats (510.5 g vs. 580.2 g). The mean plasma glucose level was 150.5 mg/dl in non-diabetic rats, and 350.5 mg/dl in diabetic rats ($p < 0.05$).

Diabetes had no effect on total cells, percentage of neutrophils, total protein and LDH activity in BAL (Table 3). In plasma analysis, diabetic rats demonstrated significantly greater cytokine IL-6 as compared with non-diabetic rats ($p < 0.05$). Furthermore, diabetic rats had significantly increased level of plasma ET-1 ($p < 0.05$), and decreased level of plasma NO ($p < 0.05$).

In non-diabetic rats, ufCB caused significant increases in total cells and proportion of neutrophils in bronchoalveolar lavage (Table 3, $p < 0.05$). Elevated total protein and LDH activity in bronchoalveolar

lavage were also observed after ufCB exposure ($p < 0.05$). Plasma IL-6 and TNF- α , level also showed significant increase after ufCB exposure (Table 4, $p < 0.05$). Furthermore, ufCB exposure caused a significant reduction of plasma NO ($p < 0.05$). However, there was no significant ufCB effect on plasma ET-1 in non-diabetic rats.

In STZ-diabetic rats, significant increases in pulmonary inflammation and injury markers were observed after ufCB exposure (Table 3, $p < 0.05$). Plasma IL-6 and cytokine TNF- α significantly increased in diabetic rats after exposure to ufCB (Table 4, $p < 0.05$). In assessing endothelial function, we found a significant elevation of plasma ET-1 and a significant decrease in plasma NO after exposure to ufCB ($p < 0.05$).

We conclude that ufCB exposure may enhance the risk of cardiovascular diseases through the synergistic interaction between ufCB and diabetes in endothelium.

五、計畫成果自評

本計畫已完成奈米碳黑於呼吸道細胞之氧化壓力傷害探討，並建立糖尿病大鼠模式，探討奈米碳黑造成的發炎反應及內皮細胞功能，研究成果達成計畫要求。

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Table 1 components and concentrations of ELF

Constituents of synthetic lung epithelial ling fluid	
components	concentration
Serum albumin, mg/ml	7.4
Phosphatidylcholine (egg), mg/ml	10
Lysozyme, mg/ml	2.5
Apotransferrin , mg/ml	0.2
Ascorbic acid (AA), 贡g/ml	50
Glutathione reduced (GSH), 贡g/ml	50
Uric acid (UA), 贡g/ml	25
a-tocopherol (AT), 贡g/ml	1
Catalase, U/ml	4
Glutathione peroxidase (GPx) U/ml	0.05
Superoxide dismutase (SOD), U/ml	40

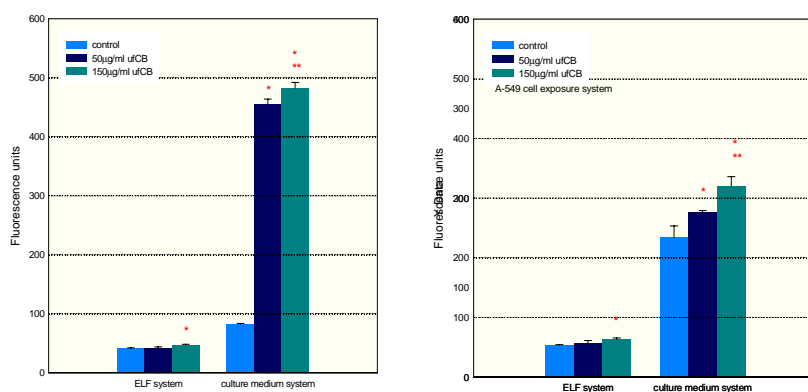


Figure 1

Effect of ultrafine carbon black on the oxidation of DCFH to DCF in (a) a cell free system, (b) a A549 cells system with or without ELF. * $p < 0.05$ compared to control; ** $p < 0.05$ compared to 50 µg/ml.

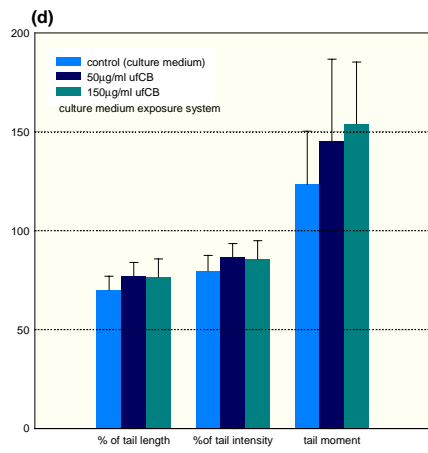


Figure 2

Effect of ultrafine carbon black on single strand breaks assessed by the comet assay.

Table 2 Basic characteristics of experimental animals

	Non-diabetic rats (n=13)	STZ-diabetic rats (n=12)
Body weight (g)	510.5±8.3	580.2±29.7*
Blood glucose (mg/dL)	150.5±9.7	350.5±9.7*

* Mean ± standard deviation, * p<0.05 as compared to non-diabetic rats

Table 3 Cell number, cell differential and pulmonary injury markers in BAL

	Non-diabetic rats			Diabetic rats		
	Saline control	UfCB 125 µg/ml	UfCB 500 µg/ml	Saline control	UfCB 125 µg/ml	UfCB 500 µg/ml
N	4	5	4	4	4	4
Total cell (x 10 ⁴ cell)	6.3(1.1)	6.5 (1.2)	8.1 (1.1) *	5.9 (1.0)	6.2 (1.5)	7.9 (1.9)
Marcrophage %	90 (1.2)	70 (3.4)	52.1 (4.5)	92 (0.7)	72.3 (5.4)	50.3 (7.4)
Lymphocyte %	2.5 (0.2)	5 (1.3)	5.3 (1.8)	2.6 (1.8)	6.2 (1.4)	4.6(1.8)
Neutrophil %	3.5 (1.2)	21 (2.3)*	40.4 (6.7)*, **	3.4 (0.2)	19.6(3.9)*	42.1(3.9)*, **
Eosin %	1.5 (0.7)	2.4 (1.3)	1.6 (1.3)	1,3 (0.6)	1.5 (0.7)	1.7 (1.0)
Baso %	1.0 (0.3)	1.6 (0.4)	0.6 (0.2)	0.7 (0.3)	0.4 (0.1)	1.3 (0.2)
Total protein (µg/ml)	390 (43.5)	420 (39.0)	620 (15.2)*, **	402(29.4)	415 (25)	654 (10.2)*, **
LDH activity (U/ml)	140.5 (5.5)	605.0 (20.4)*	1200 (10.5)*, **	210.2 (25.4)	548.0 (22.5)*	1350 (2.5)*, **

* p<0.05 as compared to each saline control

** p<0.05 as compared to 125 µg/ml exposure group

Table 4

Systemic inflammatory and endothelial dysfunction markers in plasma

	Non-diabetic rats			Diabetic rats		
	Saline control	125 µg/ml	500 µg/ml	Saline control	125 µg/ml	500 µg/ml
N	4	5	4	4	4	4
Systemic inflammation						
Plasma IL-6 (pg/ml)	30.5 (8.1)	39.8 (4.5)	50.2 (2.7) *, **	41.2 (5.2)	50.8 (4.7)	65.0 (7.5) *
Plasma TNF- (pg/ml)	4.6 (2.5)	4.3 (3.2)	6.8 (1.1)	5.1 (1.2)	4.9 (1.5)	8.2 (0.7) *, **
Endothelial dysfunction						
Plasma ET-1 (pg/ml)	1.3 (0.5)	1.9 (0.4)	2.0 (0.8)	1.9 (0.3)	2.1 (0.7)	2.9 (0.1)*
Plasma NO (µM)	89.4 (4.7)	90.5 (1.8)	85.8 (5.0)	80.5 (2.0)	75.2 (3.9)	72.2 (1.5)*

* p<0.05 as compared to each saline control

** p<0.05 as compared to 125 µg/ml exposure group