

行政院國家科學委員會專題研究計畫 期中進度報告

兒童慢性 B 型肝炎病毒感染自然病程影響因子之長程研究： 病毒量及病毒全長基因變化之探討(1/3)

計畫類別：個別型計畫

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計畫主持人：張美惠

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行政院國家科學委員會補助專題研究計畫 成果報告
 期中進度報告

(計畫名稱)

兒童慢性 B 型肝炎病毒感染自然病程影響因子之長程研究：
病毒量及病毒全長基因變化之探討(1/3)

計畫類別： 個別型計畫 整合型計畫

計畫編號：NSC 93-2314-B-002-101 —

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計畫主持人：張美惠教授

共同主持人：

計畫參與人員：

成果報告類型(依經費核定清單規定繳交)： 精簡報告 完整報告

本成果報告包括以下應繳交之附件：

- 赴國外出差或研習心得報告一份
- 赴大陸地區出差或研習心得報告一份
- 出席國際學術會議心得報告及發表之論文各一份
- 國際合作研究計畫國外研究報告書一份

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列管計畫及下列情形者外，得立即公開查詢

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執行單位：台大小兒科

中華民國 94 年 5 月 31 日

中文摘要

目的/背景：在 B 型肝炎病毒慢性感染之自然史中，急性肝功能惡化可能造成進行性肝傷害，甚至肝衰竭。長程前瞻性研究以探討 B 肝病毒量在急性肝功能惡化之及後，e 抗原抗體轉變是否具帶動角色，是很重要的，可惜這方面的研究極欠缺，尤其在兒童及年輕成人方面。

對象及方法：我們長程追蹤了 460 名慢性 B 型肝炎病毒的兒童。每半年檢驗一次肝功能及血 B 肝標記。其中 72 名最初年齡小於 15 歲，追蹤期間大於 10 年，而且未曾接受過治療者進入本研究。共有 59 人在追蹤過程中發生 e 抗原抗體轉變，另 13 人則一直保持 e 抗原陽性。在病人肝功能變化前後我們測量其血清病毒濃度，然後並與其性別年齡，基因型等作相關分析。

結果：發現 B 型肝炎濃度變化主要有三種型式：(一)在肝功能上升前，病毒濃度保持高水平，經過一到數次的肝功能變化之後，病毒濃度便急速下降($>10^2$ copies/ml) (n=62) (二)在肝功上揚之前，病毒濃度也上升(n=5)。(三)在肝功上揚之前，病毒濃度先下降(n=4)。另外有一人無法歸類。在 e 抗原陰轉之前的病毒濃度明顯高於陰轉之後。在陰轉之前，肝功能上升下降起伏變化的次數明顯等於陰轉之後，但是 B 型肝炎病毒濃度的上下起伏次數在陰轉前後都並無改變。

結論：大多數 B 型肝炎帶原的兒童及青少年，他們身上的病毒濃度在 e 抗原陰轉之後才會真正下降。在陰轉之前，肝功能上下起伏是常見，但不見得伴有 B 型肝炎病毒濃度的上下起伏。所以病毒濃度並非啟動 e 抗原陰轉的主因，應另外思考其他因素，例如宿主與病毒間的免疫反應。

關鍵詞： B 型肝炎病毒，B 肝病毒 e 抗原，B 肝病毒 DNA，實時間聚合酶鏈反應

ABSTRACT

Aim/Background: In the natural history of chronic hepatitis B virus (HBV) infection, the acute exacerbation or alanine aminotransferase (ALT) flare-up episodes can lead to progression of liver damage, and even liver failure. Long term prospective study to explore the role of HBV viral load in the exact mechanism of acute exacerbation and its subsequent hepatitis B e antigen (HBeAg) seroconversion is very important but lacking particularly in children and young adults. **Subjects and Methods:** Totally 460 children with chronic HBV infection were long-term followed up for liver function profiles and HBV serum markers every 6 months. We recruited 72 children who were enrolled at the age <15 years, followed-up for more than 10 years, and without treatment. Fifty-nine of them were hepatitis B e antigen (HBeAg) seroconverted during follow-up, while 13 remained HBeAg sero-positive. We measured serum HBV DNA levels by real time PCR before, at, and after ALT flare-up was detected. Then we correlated viral levels with subsequent HBeAg seroconversion, gender, age, genotype, and histological findings. **Results:** The temporal profiles of HBV DNA, ALT, and HBeAg seroconversion can be divided into three major patterns among these 72 patients: (1) Plateau of HBV DNA before ALT flare-up ($>2x$ UNL) and decreasing viral load ($>10^2$ copies/ml) (n=62). After one or several episodes of ALT flare-up, the viral load started to decrease sharply. (2) Increased viral load ($>10^2$ copies/ml) before ALT flare-up (n=5). (3) Decreased viral load ($>10^2$ copies/ml) before ALT flare-up (n=4). One patient was unclassified. The mean HBV DNA titer was much higher in the pre-HBeAg seroconversion phase than that in the

post-HBeAg seroconversion phase. While those of ALT flare-up are higher in the pre- HBeAg seroconversion phase, the frequencies of HBV DNA fluctuations are not different between those two phases. **Conclusion:** HBV viral load would not decline until they finally underwent HBeAg seroconversion in the majority of HBV carrier children and young adults. Several episodes of ALT flare-up were common in the natural course, yet they were not commonly accompanied by a surge of HBV DNA level. Most Factor(s) other than the surge of viral load may plays the key role in the initiation process of HBeAg seroconversion.

Key words: hepatitis B virus, hepatitis B e antigen, HBV DNA, real time PCR

INTRODUCTION

Chronic hepatitis B virus (HBV) infection is a world wide health problem (1). In hyperendemic areas such as Taiwan, most chronic HBV infection begins in infancy and early childhood (2,3). HBV infection in infancy or early childhood usually leads to a chronic infection (4), and subsequently more serious complications than adult-acquired HBV infection (5, 6). Although complications of chronic HBV infection manifest mostly in adulthood, liver histological changes begin early since childhood (7). After HBV acquisition in infancy or childhood, the virus replicates actively in the first several years, an immune tolerance stage to HBV with high HBV DNA and normal ALT levels. They gradually lose their tolerance to HBV and going into an immune clearance stage to HBV, marked by episode(s) of acute exacerbation with elevation of ALT levels and inflammation and /or fibrosis of the liver in histology examination (8).

The exact mechanism leading to acute exacerbation and subsequent HBeAg seroconversion is an outcome of host-virus interaction. We recently also found that host factors may affect the clinical course: such as HLA DRB1*14 predicts earlier HBeAg seroconversion with higher aminotransferase levels, while HLA DRB1*11 predicts later HBeAg seroconversion during HBeAg seroconversion (unpublished data). We also had reported the mutations of the precore gene (9), basal core promoter (10), and core gene deletion (11), are accompanied with HBeAg seroconversion, some with a severe form of liver diseases.

Viral loads of HBV in adults were reported to increase just prior to or during acute

exacerbation (12). Our previous study, using the less sensitive hybridization method, has shown a high ALT level and a low HBV DNA level correlated with an imminent clearance of HBeAg (8). However, there are several pitfalls in most of the previous studies: (i) the blood sampling were mostly done at the time points of elevated ALT levels, which often reflect the results of the viral host interaction. (ii) the study subjects are biased by the diseased population, not the community based population. (iii) previous methods to measure viral load was relatively insensitive.

It will be more revealing if this is a prospective cohort study recruiting large community-based population starting from early childhood, which is far before the acute exacerbation episodes, as in this study. With the help of real time polymerase chain reaction (PCR), we are thus able to well correlate the HBV DNA levels with the episodes of acute exacerbation in our long-term follow-up (more than 15 years) children with chronic HBV infection. The related information in this age group is mostly lacking in the world literature natural history of HBV infection.

SUBJECTS AND METHODS

Totally 460 HBsAg children with chronic HBV infection, under parental consents, were followed longitudinally every 6 months. These carrier children were enrolled from (1) the outpatient clinic of the National Taiwan University Hospital in a prospective study starting around 23 years ago, (2) a prospective screening program for carrier children of HBsAg seropositive mothers, and (3) four cross-sectional studies regarding hepatitis B vaccination efficacy survey in 1984, 1989, 1994, and

1999 (13). At each visit, physical examination, blood test for liver function profiles and HBV markers were studied.

Among these children, 72 of them were enrolled into this study according to the following criteriae. We recruited children who fulfilled the following three criteria: (i) HBeAg positive at enrollment, (ii) an initial age <15 years old, (iii) follow-up duration >10 years, (iv) underwent HBeAg seroconversion during follow-up, (v) no antiviral treatment was intervened. Fifty-nine children fulfilled those criteria and had adequate blood samples for analysis. Another 13 patients were age-matched with the 59 children while they were persistently seropositive for HBeAg during follow-up. Their HBV DNA quantification by real time PCR was done at least once every five years if ALT levels were normal at the previous check every 6 months. In case of ALT elevation > 2x upper limit of normal (ULN), that is defined as acute exacerbation, we would do blood sampling every one to two months till at least one more month after ALT returns to normal. If ALT elevation was between normal and 2xULN, we would follow-up the child every 3 months till ALT returns to normal. The subjects would be excluded from this study if they received any antiviral therapy and if their blood samples were inadequate for study.

Liver function profiles and Serology studies. Liver function profile were checked by an autoanalyzer Hitachi 736 (Tokyo, Japan). A level of ALT greater than 80Iu/L was regarded as having a surge. HBV Markers (including HBsAg, anti-HBs, anti-HBc, HBeAg, anti-HBe) were done by radioimmunoassay (EIA, Abbott, North Chicago, IL, USA). Liver function profile was

done by an autoanalyzer (Hitachi 7450, Tokyo, Japan).

HBV DNA Quantification by real time PCR. HBV DNA was extracted from 50 μ l serum and the nucleic acid was re-dissolved in 50 μ l of H₂O. The PCR reaction was prepared in a total volume of 10 μ l containing 2 μ l of DNA template, 1 μ l of LightCycler FastStart DNA Master Hybridization Mixture (Roche Diagnostics Applied Science, Mannheim Germany), 0.8 μ l of 25 mM MgCl₂, 0.3 μ M of anchor and sensor probes, and 5 μ M primers. The primers covered HBV nucleotide position 1261-1279 and 1600-1580, and the anchor probe is nucleotide position 1552-1576 and the sensor probe is from nucleotide position 1533-1550 of HBV DNA. The detailed nucleotide sequences were described previously (14). The PCR reaction was performed as follows: initial hot start denaturation at 95 °C for 10 minutes, followed by 45 cycles of denaturation at 95 °C for 5 seconds, annealing at 53 °C for 10 seconds, and extension at 72 °C for 20 seconds. Real time PCR monitoring was achieved by measuring the fluorescence at the end of the annealing phase for each cycle. The measurement was performed by using LightCycler analysis software 3.5 (Roche Diagnostics Applied Science, Mannheim Germany). The sensitivity of this method was 10² copies/ml of HBV in serum. A change of the levels of HBV DNA greater than 100 fold was regarded to have an increase or decrease of the levels.

RESULTS

Subjects. The demographic data of the 72 patients were described in Table 1. All these patients are still under followed-up currently and none of them showed any signs of liver cirrhosis, decompensated liver diseases, or hepatocellular carcinoma.

Temporal profile of HBV DNA, ALT, and HBeAg seroconversion. If we focus on the HBV DNA and the ALT flare-ups, we may divide the temporal profiles into four patterns among these 72 patients. [Pattern 1: plateau of HBV DNA before ALT surge] (1a) Plateau of HBV DNA followed by up surge of ALT ($>2x$ UNL) and decreasing viral load ($>10^2$ copies/ml) (n=46): The subjects had a persistently high titer of HBV DNA and no sign of decreased viral load before the first data of ALT elevation. After ALT flare-up, the viral load started to decrease sharply (Fig. 1a). Among these 46 patients, 39 of them underwent HBeAg seroconversion while the other 7 did not up to date. (1b) Plateau of HBV DNA followed by first ALT flare-up. However, the viral load kept about the same level through the first ALT flare-up (n=16). Among these 16 patients, 10 of them finally underwent HBeAg seroconversion while 6 did not. We also observed that the viral load did decrease more than 100 folds in the second or third flare-up in five seroconverters and only one non-seroconverters (Fig. 1b). All viral loads decreased to a low level after HBeAg seroconversion if it occurred. [Pattern 2. Increased viral load ($>10^2$ copies/ml) before ALT flare-up] (n=5): four of the five patients in this group were seroconverters while one of them did not undergo HBeAg seroconversion (Fig. 2) [Pattern 3. Decreasing viral load before ($>10^2$ copies/ml) ALT flare-up]

(n=4): All of them were seroconverters (Fig. 3). [Pattern 4. Unclassified] One patient had fluctuation of viral loads after HBeAg seroconversion and unclassified to the above categories.

HBV DNA and ALT changes before and after HBeAg seroconversion. If we focus on the 59 patients who underwent HBeAg seroconversion and take the levels of HBV DNA and ALT into consideration in the time sequence of these events, we may characterize their patterns before and after HBeAg seroconversion in Table 2. The frequencies of the episodes of HBV DNA fluctuation (>100 folds in copies/ml) before and after HBeAg seroconversion is not different, however, the frequencies of ALT surges (>80 U/L) did differ between the pre- and post- HBeAg seroconversion phases.

DISCUSSION

Our previous study, using the less sensitive hybridization method, has shown a high ALT level and a low HBV DNA level preceded an imminent clearance of HBeAg (8). Also, the small-scale adult study demonstrated a viral load peak preceded the ALT in acute exacerbation (15). In this study, we described the viral load, ALT, and HBeAg seroconversion in more details. The conclusion drawn from our previous study, which was published 14 years ago, may need some modification after this study.

This prospective large-scale study should well illustrate the natural course of HBV DNA and its relations to ALT and HBeAg seroconversion. We now learn that majority of HBV carrier

children, totally 86% (pattern 1) do not demonstrate a viral load fluctuation before an acute exacerbation or HBeAg seroconversion. This is because most HBeAg carrier children have a high viral load, and a drastic viral load change is not a prerequisite to initiate an acute exacerbation and/or HBeAg seroconversion. Only 12.5% of the carrier children, that is patterns 2 and 3, had a >100 folds change of viral load before acute exacerbation. Once the ALT started to surge, we checked the blood viral level every month. Certainly, the interval of viral load check has a huge impact in interpretation of the results. However, we believed we did not miss the viral load changes too much at a monthly interval (15).

The changes of the magnitude of HBV DNA levels may not be a major event which directly affect the acute exacerbation in children and young adults. The pathogenesis of HBV-related hepatitis is immune-mediated (16), which is not necessarily viral dose-dependent. The clinical consequences of HBV infection mainly depend upon the provoked host immune response (17), not the surge of the viral load. The data in Table 2 also circumstantially support this idea. The HBV DNA fluctuation frequency was not different between the pre- and post-HBeAg seroconversion phase while ALT fluctuation frequency was indeed more in the pre-HBeAg seroconversion phase. This means in the same period, the severity of liver damage was not determined by the fluctuation of viral load, something else, the host immune response is more likely the key factor to decide the ALT levels, which may reflect the severity of liver damage of the host.

It is obvious that, HBV DNA levels declined after HBeAg seroconversion. This fact is compatible with the concept that host immune response, mainly through the CD8+ cells (18), sweeps away most of the HBeAg-expressed and HBV harbored hepatocytes, thus lowering down the viral load. If the host immune response is provoked to a lesser extent, the HBV DNA levels would not go down. While there still would be several ALT flare-ups, as they reflected some activation of host immune response, but not enough to initiate HBeAg seroconversion. Once the host immune response is competent enough to clear the virus, HBeAg seroconversion would ensue and HBV DNA would decrease. Such course was commonly observed in the pre-HBeAg seroconversion phase in this study (Fig. 1 and 2).

In conclusion, surge of HBV DNA levels are not necessarily the critical factors as the harbinger of HBeAg seroconversion through our long-term follow-up study. Over 80% of the carrier children reached a plateau of viral load in the immune tolerance phase and the viral load would not decline until they finally underwent HBeAg seroconversion, although several episodes of ALT flare-up were possible during the course. A further exploration in integrating the time sequences of the host immune reaction, viral load, serum biochemical profiles, liver histological examination, and HBeAg seroconversion may help to understand which is (are) the key determinant(s) in the natural history of chronic HBV infection.

ACKNOWLEDGEMENT :

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Table 1. The basic demographic data of the 59 children who underwent HBeAg seroconversion and 13 children who did not seroconverted during follow-up.

	HBeAg seroconversion (+)	HBeAg seroconversion (-)
Male:Female	36:23	5:8
Initial age	7.0±3.7	8.7±4.5
Final age	23.7±4.1	25.2±3.5
Peak ALT (U/L)	277 (82-1254)	159 (80-1166)
Median (range)		
Peak HBV DNA (copies/ml in Log 10)	9.1±0.9	9.2±0.5
Genotypes B:C	54:5	11:2

Table 2. The comparisons of before and after HBeAg seroconversion in 59 patients who underwent HBeAg seroconversion

	Before HBeAg seroconversion	After HBeAg seroconversion	<i>p</i> value
Peak HBV DNA (copies/ml in Log10)	9.0±1.1	4.4±2.0	<0.0001
HBV DNA fluctuation / year	0.11±0.16	0.14±0.16	0.35
Peak ALT (U/L) Median (range)	277 (10-1254)	26 (14-170)	<0.0001
ALT surges fluctuation /year	0.22±0.27	0.06±0.31	0.0041

The age of HBeAg seroconversion: 17.2±5.8 years (mean ± standard deviation)

The definition of HBV DNA fluctuation is the episodes of the magnitude of HBV DNA levels changes >10² copies/ml at two consecutive checks. In terms of its frequency before HBeAg seroconversion, we divided such episodes by (the age of HBeAg seroconversion – the age at enrollment). So is the calculation of its frequency after HBeAg seroconversion. The ALT surge fluctuation is defined as the episodes of the magnitude of ALT levels changes >2XUNL, that is usually 80 U/L at two consecutive blood samplings. The calculation of its frequency before and after HBeAg seroconversion is the same as that of the HBV DNA.

Legends of Figures

Fig. 1a and 1b. (1a) Plateau of HBV DNA followed by up surge of ALT (>2X UNL) and decreasing viral load (>10² copies/ml) (n=46): The subjects had a persistently high titer of HBV DNA and no sign of decreased viral load before the first ALT increase. After ALT flare-up, the viral load started to decrease sharply. The vertical line denotes the HBeAg seroconversion time.

(1b) Plateau of HBV DNA followed by first ALT flare-up. However, the viral load kept about the same level through the first ALT flare-up (n=16). The viral load did decrease more than 100 folds in the second or third flare-up in 5 of the 10 seroconverters while only one of the six non-seroconverters. All viral loads decreased to a low level after HBeAg seroconversion if it occurred. The vertical line denotes the HBeAg seroconversion time.

Fig. 2 Increased viral load (>10² copies/ml) followed by ALT flare-up (n=5): four of the five patients in this group were seroconverters while one of them did not undergo HBeAg seroconversion. The vertical line denotes the HBeAg seroconversion time.

Fig. 3 Decreased viral load followed (>10² copies/ml) by ALT flare-up (n=4): All of them were seroconverters.

Fig 1 (a)

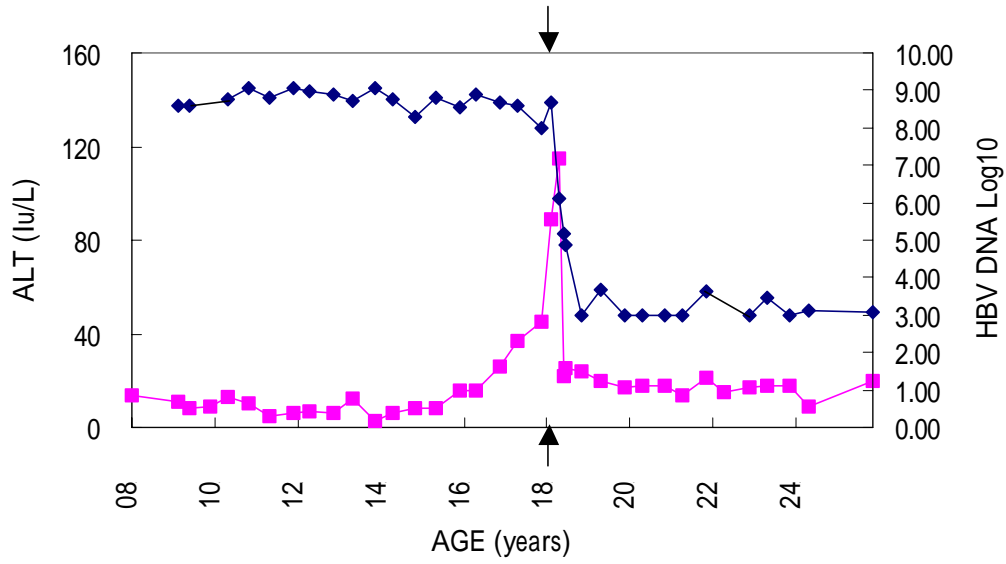


Fig 1(b)

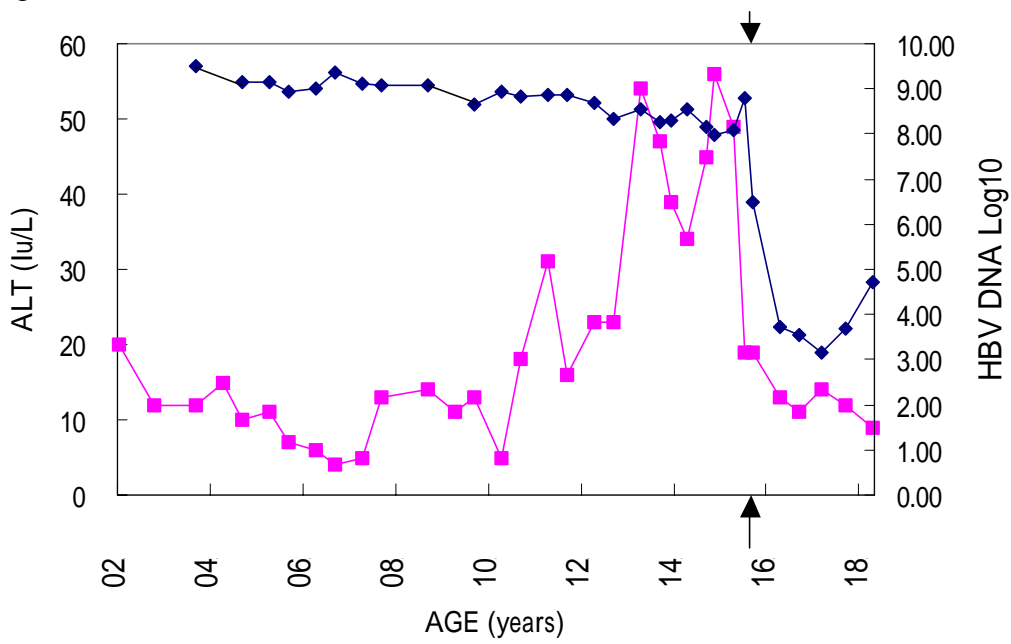


Fig.2.

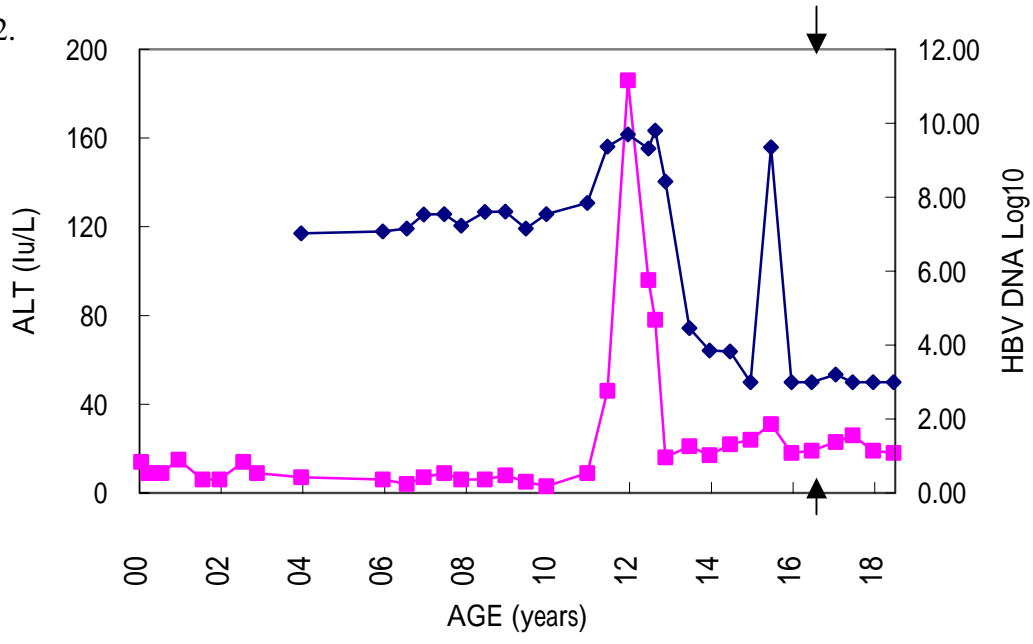
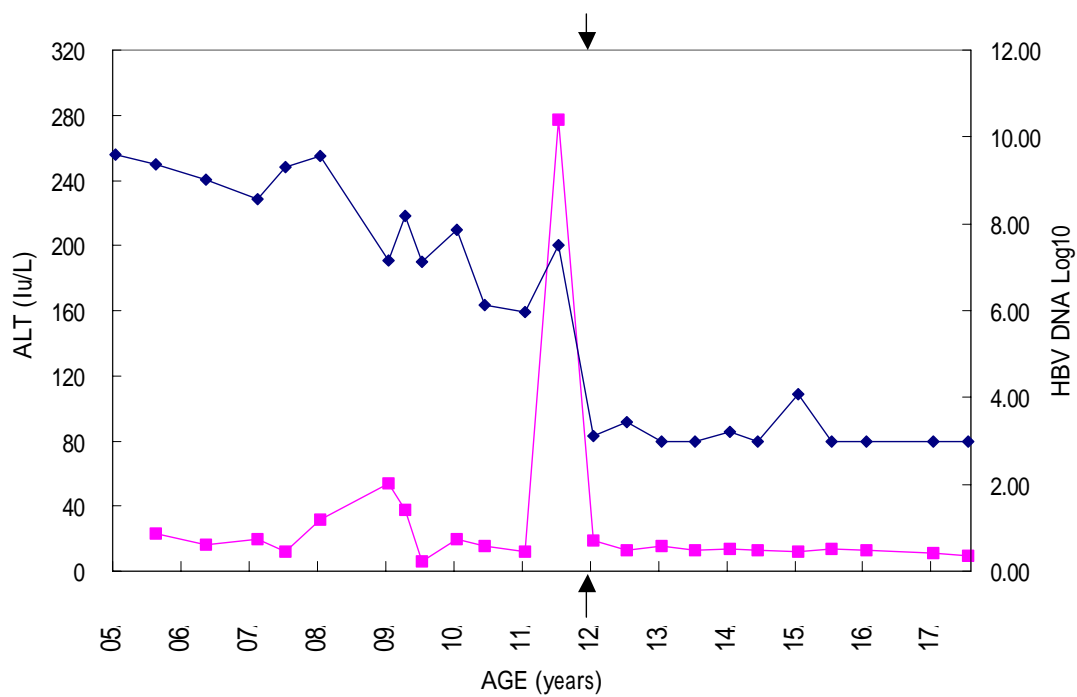


Fig.3.



行政院國家科學委員會補助國內專家學者出席國際學術會議報告

年 月 日

附件一

報告人姓名	張美惠	服務機構及職稱	台大醫學院小兒科
時間	93年10月27日至11月4日	本會核定補助文號	
會議地點	美國波士頓		
會議名稱	(中文)美國肝臟醫學會 (英文)American Association for the Study of Liver Diseases		
發表論文題目	(中文)以大規模嬰兒大便卡篩檢膽道閉鎖之台灣經驗初報 (英文)A Mass Screening Program for Biliary Atresia By Stool Color Card in Taiwan-A Pilot Study		

報告內容應包括下列各項：

一、參加會議經過

(一)第一天(10月29日):

本人先參加北美小兒肝臟學研討會，及大會之再教育課程（共兩天之課程）。北美小兒肝臟學研討會此次主題為“急性肝衰竭”。內容包含肝傷害及肝再生，美國人急性肝衰竭之流行病學及預後，肝腦病變之機轉及治療，胎兒及新生兒因鐵沉積症引發之肝傷害，藥物及毒物引發之肝傷害，兒童急性肝衰竭之藥物及過渡性治療等，接著參加本日再教育課程內容涵括：

- (1) C型肝炎之病毒生活史，宿主免疫反應，目前的治療，治療後以病毒動力學預測治療之有效否及抗藥性，以及未來的治療等。
- (2) B型肝炎的病毒學，宿主反應，及新藥發展，病毒學檢驗法以偵測抗藥性，目前的治療法，Pegylated interferon 治療，免疫調節劑，及其他新治療法。另有很精彩的辯論有關是否免疫耐受期的B肝病人該被治療？以目前的藥物治療看來，似乎因效果不佳及抗藥性問題，應審慎選擇，儘量不治療此類病人。

(二)第二天(10月30日):參加大會之再教育課程

本日內容涵括：

- (1)非酒精性脂肪肝病變（NASH）之診斷及臨床轉歸，其病理生理學，治療，及可能以脂肪肝病變為表現之其他疾病（例如C型肝炎）。另有很有趣的辯論：酒精性脂

肪肝病變 (A S H) 與非酒精性脂肪肝病變 (N A S H) 是否是同一個病。

(2) 肝纖維化及肝硬化之病理成因, 抗纖維化治療之前景, 肝內微循環及一氧化氮在門脈高壓之角色, 門脈高壓之新治療策略。

(3) 肝細胞癌流行病學及自然史, 致病機轉及治療新貌, 並辯論是否肝癌應更積極的被作肝移植。

(4) 肝臟移植之病人選擇, 受肝者對新肝之耐受性, Calcineurin 外之免疫抑制劑, HIV 感染及病毒性肝癌與肝移植, 以及是否移植後之 C 型肝炎應被再移植之辯論等。

(三) 第三天(10月31日): 美國肝臟學會年會(1).

同一天有數個節目同時進行, 本人參加:

(1) 清晨研討會 (6:45AM-7:45 AM): 主題為膽汁形成之分子機轉, 由 Richard M. Green 及 Michael Trauner 兩位教授主持此小型研討會, 主要討論膽汁之形成及肝細胞內之膽汁運送系統, 與其轉錄調控。

(2) 研究研討會 (Research Workshop), 主題為肝, 脂肪, 及脂肪毒性. 其內容涵括

a. 肝脂肪代謝之轉錄調控者之角色: 主要調控者 Sterol Response Element-Binding Proteins (SREBP), Carbohydrate-Response Element Binding Protein (ChREBP), 及 Peroxisome Proliferator-Activated Receptors (PPARs) 之角色。

b. 肝脂肪內涵之調整: 脂肪酸來源之調控影響肝脂肪化, Stearoyl-CoA Desaturase-1 (SCD-1) 在脂肪肝之調控角色。

c. 脂肪毒性: 脂肪酸誘發細胞死亡通路, 及 CYP2E1 經由不飽和脂肪酸及氧化與抗氧化劑間之不平衡來導致細胞毒性。

(3) 發表我們的論文: “Screening for Biliary Atresia by Infant Stool Color Card in Taiwan”。本文獲選為大會主席推薦之論文, 本文報告我們在 2002 年三月至 2003 年十二月, 在台灣北中南東地區共 96 家醫療院所所執行之大規模嬰兒大便卡計畫, 以推展膽道閉鎖之早期篩檢、診斷及手術, 以提升手術成功率, 增加存活率。在此期間合作醫院共生了 119,973 名嬰兒, 我們共於此期間收集 78,183 張大便卡 (65.2%), 共通報 93 名嬰兒有異常大便顏色, 共診斷了 27 名膽道閉鎖嬰兒, 其中 25 名在出生後 60 天內被發現, 2 名在 60 天以後才被發現 26 名嬰兒接受葛西手術, 其中 16 名 (59.3%) 在生後 60 天以前接受手術, 另有一名嬰兒直接接受換肝手術, 所以我們的嬰兒膽道閉鎖發生率為 2.33-3.45/10,000。

(4) 小兒肝疾病論文發表會:

內容涵括膽道閉鎖, 膽汁滯留, 肝移植等: 以膽道閉鎖之 Rhesus monkey 輪狀病毒動物模式來評估免疫反應造成之膽道傷害; 肝臟 CD8 陽性淋巴球可調控實驗性膽道

閉鎖動物模式之膽道阻塞；美國多中心 24 個月大膽道閉鎖兒之預後分析研究；全靜脈營養所造成的膽汁滯留可能與黃豆脂肪溶液中之 stigmasterol 抑制膽酸活化之 Bile Salt Export pump (BSEP) 有關；以選擇性 plasmapheresis 成功執行 ABO 血型不合兒童之肝移植；以及用手術流通門脈血流可矯正原發性肝外門脈高壓，引發無症狀之肝腦病變等。

(5) 參加 Liver International 之 主編會議。

(四) 第四天(11月1日): 美國肝臟學會年會(2)

(1) 清晨研討會 (6:45-7:45 AM) :

主題為肝臟疾病微陣列分析之缺點及好處. 主持人為 Charles E. Rogler and Lislie Rogler 兩位教授。討論其標本前處理與資料之分析方法。

(2) Presidential Plenary Session :

(a) Session 1 :

內容函括：膽道上皮細胞產生的 endothelin -1 是造成肝肺徵候群之機轉；C 型肝炎病毒肝肺體外產出模式；C 型肝炎病毒複製體之動態展現；骨髓細胞所形成的肌纖維母細胞可產生膠原纖維(collagen), 但非經由細胞融合；IL6 引發之 RXR α 由核運出需 JNK 活化細胞訊息，且與 serine 260 有關等。

於 HCV RNA 陽性之慢性 C 型肝炎病人

(b) Session 2 :

內容函括：肝癌網路之初報 - 美國肝細胞癌之流行病學與存活率；西班牙多中心隨機較長期用 Pegylated interferon alfa-2A (40 kd)(Pegasys) 及 Ribavirin 於 HCV RNA 陽性之慢性 C 型肝炎病人之最後報告；調整體重與一般用法使用 Ribavirin 合併 Peginterferon alfa-2B 於非裔美人 C 肝病毒機銀型第一型病人之比較；體內過度表現 Peroxisome Proliferator-Activated Receptor γ (PPAR γ) 可抑制肝纖維化。

(3). Hyman Zimmermann State-of-Art Lecture :

主題為嚴重型藥物特異反應所造成的肝傷害, 及其處置。其內容極具啟發性及實用性。多中心之研究模式也很值得學習。

(4). 頒獎 :

a. 傑出成就獎：頒給 Professor D. Montgomery Bissell

b. 傑出服務獎：頒給 Professor R. Schiff.

(5). 細胞生物學, 訊息傳遞, 及幹細胞

內容涵括：斑馬魚在胚胎發育時肝臟長出及肝腫大肝再生之基因機轉；Plasminogen 缺乏造成成鼠肝修補時肝變胰臟細胞之轉變；人類肝臟細胞植入免疫不全鼠之型態學與生化學之辨識；CD39 與 RANBPM 作用後直接調控部分肝切除後之 Ras 活化, 肝細胞增生, 及肝再生。

(6). 參加參加美國肝臟學會年會節目評估委員會(Program Evaluation Committee, PEC)會議。

(五)第五天(11月2日): 美國肝臟學會年會(3)

(1). 清晨研討會 (6:45-7:45 AM) : 主題為 肝臟幹細胞, 由兩位大師級教授 Steward Sell 及 Neil D. Theise 主持。

(2). Presidential Plenary III :

內容涵括：懷孕末期使用 lamivudine 預防B型肝炎病毒母子傳染之多中心雙盲安慰劑控制之研究；隨機雙盲研究比較 adefovir dipivoxil (ADV) 加上 Emtricitabine (FTC) 與單用 ADV 於 e 抗原陽性慢性 B 型肝炎之效益及機轉；Adipokine 值可預測非酒精性脂肪肝病之肝組織變化；Heteromeric Organic Solute Transporter (OST) α 及 β 是迴腸表皮細胞基側膜膽酸運送者。

(3). Leon-Schiff State-of-the Art Lecture :

主題為”受 HIV 感染的成人之肝病”，由 professor David L. Thomas 演講。

(4). 病毒性肝癌之基礎科學研究：

內容涵括：B 肝及 C 肝感染 UPA-免疫不健全鼠之型態學及病毒學特質；B 肝病毒 ccc DNA 涉入在免疫不全鼠 hydrodynamic 注射裸露之 plasmid encoding B 肝病毒 DNA 後持續複製之機轉；B 肝病毒 lamivudine 抗藥性變種失去分泌 D 型肝炎病毒之能力。

二、 與會心得

美國肝臟學會年會今年為第五十五屆，歷史悠久，是目前國際肝臟學術會議中學術水準最高的會議。每年年會均有大約五千人左右參加此會，研討內容涵括與肝臟學相關的基礎與臨床，內外兒科肝臟學之最新研究成果。

本人參加此會議有下列心得：

(一). 了解國際肝臟學相關的基礎與臨床最新研究現況成果與趨勢，作為調整我們研究工

作之重要參考，也啟發我們規劃新研究工作之動機。

(二)報告我们的研究成果，讓國際人士了解我們努力研究的水準，交換研究的心得。

(三)參加美國肝臟學會年會節目評估委員會(Program Evaluation Committee, PEC)會議：本人任期 2004 至 2006 年。替此重要國際學會工作，促進國際交流。

(四)參加 SCI 期刊 Liver International 之編輯委員會:本人為此期刊之編輯(Editor)。經由對此國際期刊之工作貢獻，實際提昇我國的國際醫學之參與及影響力。

三、考察參觀活動(無是項活動者省略)

無。

四、建議

我國學者參與此類重要國際會議及發表論文比率仍不夠高，宜鼓勵學者們多參與。

五、攜回資料名稱及內容

無。

六、其他

無。