

# Effect of zirconia addition on the microstructural evolution of porous hydroxyapatite

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## Abstract

In the present study, 0–5 vol.% of 230 nm zirconia particles was added into hydroxyapatite (HAp). Though the reaction between HAp and  $ZrO_2$  has taken place, HAp remains after sintering at 1300 °C. The addition of zirconia reduces not only the sintering shrinkage, but also decreases the size of HAp grains. Both the strength and toughness of porous HAp decrease slightly due to the formation of  $CaZrO_3$  phase.

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## 1. Introduction

Hydroxyapatite (HAp,  $Ca_{10}(PO_4)_6(OH)_2$ ), a calcium phosphate, is a bioactive ceramic. Its composition is similar to the mineral composition of bone and tooth; hence it has been used as the contact material of artificial components to human tissue [1]. However, the mechanical properties of HAp are poor, the application of bulk HAp as the replacement for bone is thus limited [2]. To improve the mechanical properties of HAp has thus attracted wide attention. One of the many approaches employs zirconia as the reinforcement to HAp [3–10]. If there is no reaction between HAp and  $ZrO_2$ , the strength and toughness of HAp are indeed improved significantly [5]. For example, the strength and toughness of a 50% HAp/50%  $ZrO_2$  composite can reach 439 MPa and  $2.5 \text{ MPa m}^{0.5}$ , respectively. However, the HAp and  $ZrO_2$  readily react with each other above 1000 °C [3–10]. Below the temperature, the densification is usually not possible unless very special processes, such as hot-isostatic pressing (HIP) [6], spark plasma sintering (SPS) [5,7], are employed. However, considerable cost is usually involved of applying these special processes.

The product of the reaction between HAp and  $ZrO_2$  is a CaO- $ZrO_2$  compound, calcium zirconate ( $CaZrO_3$ ), which is bio-inert to human tissue [11]. The penalty of such a reaction is

the consumption of the Ca from HAp. As the amount of  $ZrO_2$  is large, HAp would be consumed completely after sintering, and  $\alpha$ - or  $\beta$ -tricalcium phosphate ( $Ca_3(PO_4)_2$ ) formed [9]. Previous studies were mostly concentrate on the reaction between HAp and  $ZrO_2$  [3,4,7–10]. However, the effect of such a reaction on the microstructure evolution of HAp during sintering has attracted relatively little attention. In the present study, a small amount, <5 vol.%, of  $ZrO_2$ , is added into HAp. The effect of the  $ZrO_2$  addition on the microstructure evolution during sintering is investigated. The mechanical properties of the porous HAp- $CaZrO_3$  composites are also measured.

## 2. Experimental

The HAp powder used in the present study was prepared by using a solid-state reaction process with  $Ca(OH)_2$  and  $CaHPO_4$  as the starting materials. The amount of  $Ca(OH)_2$  and  $CaHPO_4$  was controlled such that a Ca/P ratio of 1.67 was achieved. These two powders were mixed together by ball milling in alcohol for 4 h. The grinding media used were Ø10 mm zirconia balls. The slurry of the powder mixtures was dried with a rotary evaporator. The calcination of the powder mixture was carried out at 1200 °C for 2 h. The calcined powder mixtures were crushed and sieved. The particle size of the HAp powder was determined with a laser particle size analyzer (Master 2000, Malvern Co., USA). The HAp powder was then mixed with 1, 3 or 5 vol.% of zirconia powder ( $ZrO_2 + 3 \text{ mol.} \% Y_2O_3$ , TZ-3Y,  $d_{50} = 230 \text{ nm}$ , Tosoh Co., Japan) through ball milling.

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After drying and sieving, rectangular bars with the dimensions of 6 mm × 6 mm × 46 mm were formed by pressing uniaxially at 60 MPa. Sintering was performed at 1300 °C for 2 h in air.

Phase identification was determined using an X-ray diffractometer (XRD, Philips PW 1830, Netherlands) with Cu K $\alpha$  radiation. Since most zirconia was reacted with HAp to form calcium zirconate, the relative density of the sintered HAp-CaZrO<sub>3</sub> composite was estimated by using the theoretical density of HAp (3.16 g/cm<sup>3</sup>) and of CaZrO<sub>3</sub> (4.65 g/cm<sup>3</sup>). The flexural strength of the composites was determined by 4-point bending technique. The loading rate was 0.5 mm/min. The fracture toughness was determined by single-edge notched beam (SENB) technique. The notch was generated by cutting with a diamond saw, its depth was 1/3–1/4 of the specimen thickness. The microstructure was observed by scanning electron microscopy (SEM, Philips XL30, Netherlands). The chemical composition of each phase during SEM observation was determined with the energy dispersive X-ray analysis (EDX). The size of HAp grains was estimated by using the linear intercept technique on the micrographs taken from the fracture surface. Due to the density of the sintered specimen was low, a relatively flat surface could be easily found and the morphology of each grain was distinguishable. More than 100 HAp grains for each composition were counted to obtain an average value and its standard deviation.

### 3. Results and discussion

XRD phase analysis reveals only HAp in the HAp starting powder prepared by the solid-state-reaction process at 1200 °C for 2 h. The average particle size ( $d_{50}$ ) of the HAp particles after milling is 5.5  $\mu$ m. The size distribution of the powder is wide,  $d_{10}$  = 0.89  $\mu$ m and  $d_{90}$  = 21  $\mu$ m. Though the solid-state-reaction process is a straightforward technique and its ability to control the Ca/P of the HAp powder is satisfactory, the technique is not able to produce a powder with small size and narrow size distribution.

Fig. 1 shows the XRD patterns of the sintered HAp and HAp-ZrO<sub>2</sub> specimens. No ZrO<sub>2</sub> peaks can be found in the

patterns. Calcium zirconate is found instead in the sintered specimens, indicating that HAp is reacted with ZrO<sub>2</sub> to form CaZrO<sub>3</sub>. These observations differ from previous studies on the HAp-ZrO<sub>2</sub> systems [3–10] in that the amount of ZrO<sub>2</sub> used in the present study is much lower. The HAp starting powder prepared in the present study is a stoichiometric one, namely, the Ca/P ratio of the HAp powder is 1.67. The Ca/P ratio of the HAp is reduced as the HAp and ZrO<sub>2</sub> are reacted to form CaZrO<sub>3</sub> during sintering. Due to the amount of ZrO<sub>2</sub> being low, the HAp remains after sintering with ZrO<sub>2</sub> at 1300 °C for 2 h. However, the HAp is no longer stoichiometric, it becomes Ca-deficit HAp instead. Taking the HAp-5 vol.% ZrO<sub>2</sub> as the example (corresponds to 9 wt.% ZrO<sub>2</sub>), its Ca/P ratio reduces to 1.53 as the ZrO<sub>2</sub> is fully reacted with the HAp. This value is still higher than the Ca/P ratio of Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>, 1.5, the HAp thus remains stable after reaction with ZrO<sub>2</sub>. The ceramic within human bone is a Ca-deficit HAp. The addition of ZrO<sub>2</sub> into stoichiometric HAp drives the HAp closer to the mineral composition of bone.

Fig. 2 shows the green and sintered densities of the HAp and HAp-ZrO<sub>2</sub> specimens. The addition of ZrO<sub>2</sub> particles has little influence on the green density, nevertheless reduces the sintered density. There is about 30% porosity in the sintered HAp-CaZrO<sub>3</sub> composites. The density of the specimens is low, which can partly be related to the large particle size and wide distribution of the HAp starting powder. Fig. 3 shows the sintering curve of a HAp-5%ZrO<sub>2</sub> specimen during heating from room temperature to 1300 °C. For the pure HAp specimen, the linear shrinkage after sintering is 2%. The total shrinkage for the composite after sintering is relatively small, indicating that the reaction between HAp and ZrO<sub>2</sub> induces a volume expansion that compensates the shrinkage resulted from the sintering. From the shrinkage curve, a small peak above 1200 °C can be found. The sudden drop of the dimension between 1050 and 1200 °C is contributed by the loss of OH<sup>-</sup> [5]. The loss of OH<sup>-</sup> can enhance the formation of CaZrO<sub>3</sub> [5]. The formation of CaZrO<sub>3</sub> is accompanied with a volume expansion; the resulting sintering shrinkage is therefore small.

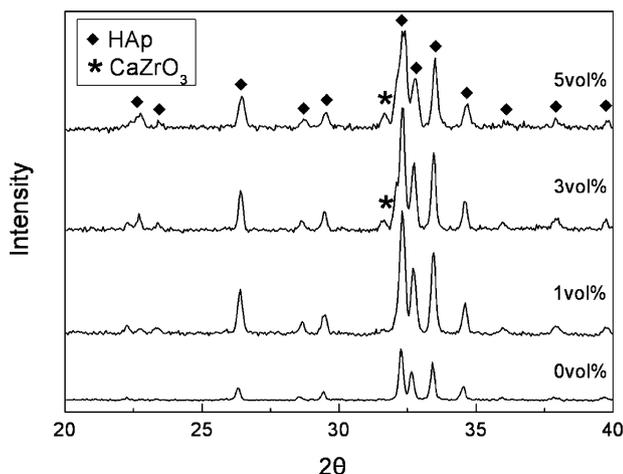


Fig. 1. XRD patterns for the HAp and HAp-ZrO<sub>2</sub> specimens after sintering at 1300 °C for 2 h.

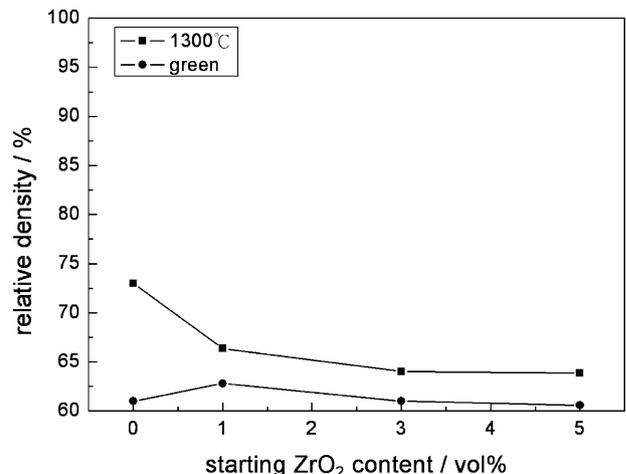


Fig. 2. Green and sintered densities of the HAp-ZrO<sub>2</sub> specimens as a function of starting ZrO<sub>2</sub> content.

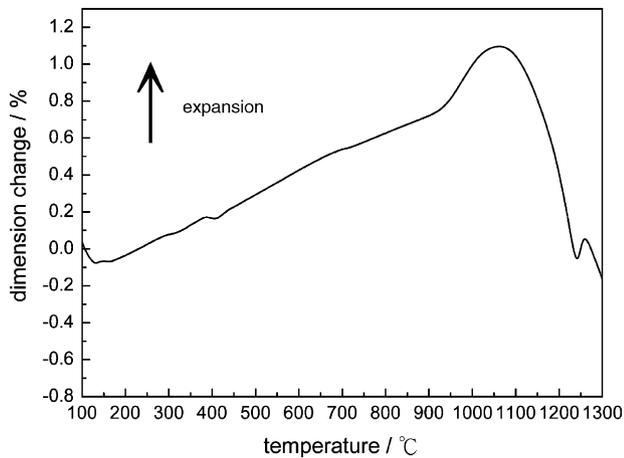


Fig. 3. Dimension change for the HAp-5%ZrO<sub>2</sub> specimen during sintering. Heating rate was 5 °C/min.

Fig. 4 shows the typical micrographs of HAp and HAp-CaZrO<sub>3</sub> specimens after sintering. The size of the starting ZrO<sub>2</sub> particles is one order smaller than that of the HAp particles; the resulting CaZrO<sub>3</sub> particles are therefore small. The distribution of fine CaZrO<sub>3</sub> particles is uniform, and they are mainly located at the grain boundary of HAp grains (Fig. 4b). The CaZrO<sub>3</sub> can thus act as an effective grain growth inhibitor to the HAp grains. Fig. 5 shows the average size of HAp grains in the sintered composites as a function of ZrO<sub>2</sub> content. The error bars show all the standard deviations. Exception being made for the

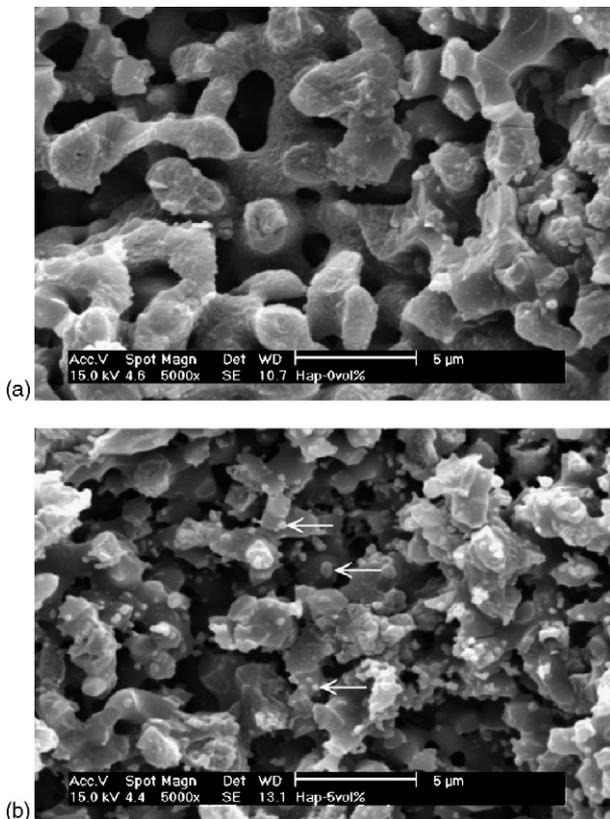


Fig. 4. Typical micrographs of HAp (a) and HAp-5%ZrO<sub>2</sub> (b) specimens after sintering at 1300 °C for 2 h. Several CaZrO<sub>3</sub> particles in (b) are indicated.

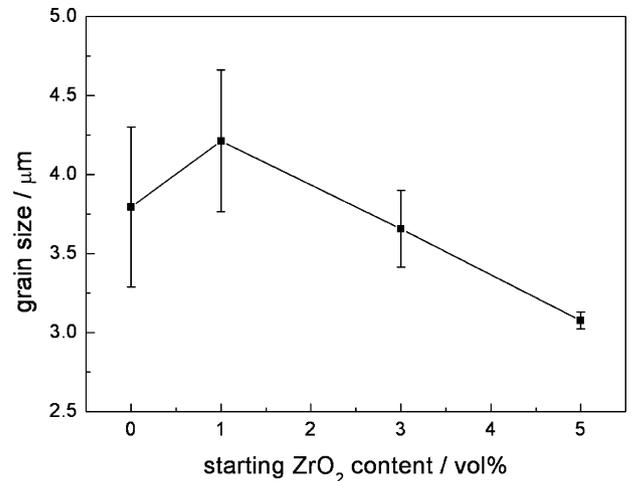


Fig. 5. Size of the HAp grains in the HAp-CaZrO<sub>3</sub> composites as a function of starting ZrO<sub>2</sub> content.

specimen with 1 vol.% ZrO<sub>2</sub>, the addition of ZrO<sub>2</sub> particles reduces the size of HAp grains. Furthermore, the pores are also smaller, indicating that the CaZrO<sub>3</sub> particles can act as microstructure refiner to HAp. A small amount of ZrO<sub>2</sub> addition, 1 vol.%, can increase the size of HAp grains, implying that some ZrO<sub>2</sub> may dissolve into HAp to enhance its growth. As the amount of ZrO<sub>2</sub> is higher than 3 vol.%, the grain growth of HAp is prohibited by the CaZrO<sub>3</sub> particles. The HAp grains of the composites become smaller.

Fig. 6 shows the strength and toughness of the sintered HAp-CaZrO<sub>3</sub> composites as a function of ZrO<sub>2</sub> content. Both the strength and toughness decrease with the increase of ZrO<sub>2</sub> content, which corresponds to the increase of porosity in the composites (see Fig. 2). It indicates that the amount of porosity plays an important role on the mechanical performance of the present system.

There are several benefits of adding a small amount of ZrO<sub>2</sub> particles into porous HAp; there are

1. the HAp grains and pores are reduced in size;
2. the sintering shrinkage is also reduced;

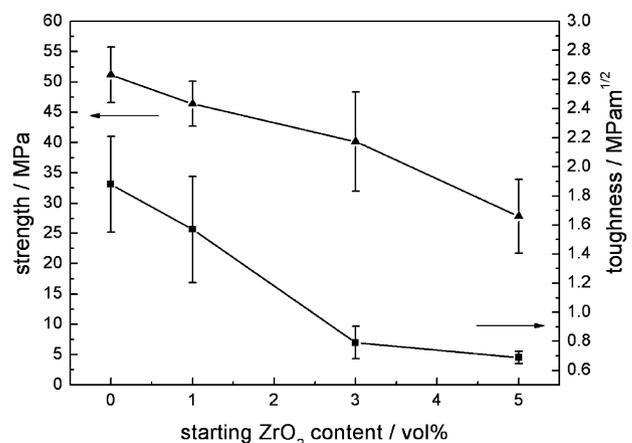


Fig. 6. Strength and toughness of the HAp-CaZrO<sub>3</sub> composites as a function of starting ZrO<sub>2</sub> content.

3. the HAp phase remains after part of its Ca is reacted with  $ZrO_2$  to form  $CaZrO_3$ .

The major drawback is the decrease of strength and toughness due to the reaction between HAp and  $ZrO_2$ . To avoid such reaction seems to be the key to improve the mechanical properties of porous HAp.

#### 4. Conclusions

As far as the preparation of porous HAp is concerned, the addition of a small amount of fine  $ZrO_2$  particles can refine its microstructure. Furthermore, the addition of  $ZrO_2$  can reduce the sintering shrinkage; it would be beneficial for the near-net shaping for the porous HAp materials. However, the volume expansion which accompanies the reaction between the HAp and  $ZrO_2$  may also reduce the final density of the composites. The strength and toughness are consequently traded off slightly.

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